

Enteroscopy Instructions:

Paul A. Akerman, M.D.
Pedro M. Barros, M.D.
Eric P. Berthiaume, M.D.
William T. Chen, M.D.
John J. Cribb, M.D.
Jason D. Ferreira, M.D.
Angela Fishman, D.O.
Sheldon Lidofsky, M.D.
Peter S. Margolis, M.D.
Philip A. McAndrew, M.D.
Thomas P. McMahan, M.D.
Lisa A. Mueller, M.D.
Ravi V. Nadimpalli, M.D.
Eric. B. Newton M.D.
Kevin S. Palumbo, M.D.
Theodore C. Palumbo, M.D.
Edward A Pensa, M.D.
Pranith N. Perera, M.D.
Joseph D. Pianka, M.D.
Thomas E. Sepe, M.D.
Joel S. Spellun, M.D.
Philip M. Trupiano, D.O.

Martha Feldman, APRN
Bridget Fitzgibbon, APRN
Mary Fortuna-Silva, APRN
Colleen Fullerton, APRN
Virginia Pierce, APRN
Kristin Skelly, APRN

To ensure a successful exam, please follow all instructions carefully!

- You **MUST** arrange a ride for the day of your exam. If you fail to arrange acceptable transportation, your procedure will need to be rescheduled.
- If you have diabetes, ask your primary care physician or Endocrinologist for diet and medication instructions.
- If you are or may be pregnant, please discuss the risks and benefits of this procedure with your doctor.
- Please bring a list of all of your current medications, including any over-the-counter medications with you.
- If you must cancel or reschedule your appointment, please call your doctor's office as soon as possible.

Seven days before your procedure:

- If you take aspirin or NSAIDS such as Advil, Motrin, Celebrex or Ibuprofen, you may continue to take them as usual unless otherwise instructed by your physician.
- If you take a **blood thinner** like Plavix, Pradaxa, Clopidogrel, Coumadin, Warfarin, Effient, Prasugrel or Lovenox, you must discuss this with your doctor and prescribing physician.
- If you are taking any form of iron (ferrous sulfate, ferrous gluconate), please stop this one week or seven days prior to your procedure.

One day before your procedure:

- Stop eating all solid foods no later than midnight.
- Clear liquids are acceptable to drink.
- Do not consume any red or purple liquids or alcohol.
- Acceptable clear liquids include: water, tea, black coffee, Apple juice, Ginger ale, Sprite, 7UP, Gatorade, Powerade, Vitamin Water, Crystal Light
- **DO NOT DRINK:** Anything containing fruit or vegetable pulp/seeds, milk or cream, anything that is NOT clear.

On the day of your procedure:

- Stop drinking clear liquids 6 hours prior to your exam.
- You may take all your usual morning medications with 4 oz of water up to 4 hours prior to your procedure.
- Bring a list of all your current medications, including any over-the-counter medications, with you to the endoscopy center/hospital.