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To ensure a successful exam, please follow all instructions carefully!

- If you have diabetes, ask your primary care physician or Endocrinologist for diet and medication instructions, as you cannot eat food the day of the procedure until it is complete.
- If you are or may be pregnant, please discuss the risks and benefits of this procedure with your doctor.
- Please bring a list of all of your current medications, including any over-the-counter medications with you.
- If you must cancel or reschedule your appointment, please call your doctor's office as soon as possible.

Seven days before your procedure:

- If you take aspirin or NSAIDS such as Advil, Motrin, Celebrex or Ibuprofen, you may continue to take them as usual unless otherwise instructed by your physician.
- If you take a **blood thinner** like Plavix, Pradaxa, Clopidogrel, Coumadin, Warfarin, Effient, Prasugrel or Lovenox, you must discuss this with your doctor and prescribing physician.

Two days before your procedure:

- Do not take any of the following medications even if prescribed by your doctor. These medications can give a false negative result for your test
 - Metoclopramide (Reglan)
 - Bethanechol (Urecholine)
 - Erythromycin
 - Muscle Relaxers (Flexeril, Cycloflex, Methocarbamol, Metaxalone, Carisoprodol, Cyclobenzaprine)
- If you take Benzodiazepines (Clonazepam, Klonopin, Diazepam, Valium, Lorazepam, Ativan, Temazepam, Restoril) or Narcotic Pain Medication (Oxycodone, Oxycontin, Morphine Sulfate, Percocet, Vicodin) please contact our office for advice on these medications prior to your procedure.

On the day of your procedure:

- Stop eating and drinking liquids 6 hours prior to your exam.
- You may take all your usual morning medications with 4 oz of water up to 4 hours prior to your procedure.
- Bring a list of all your current medications, including any over-the counter medications, with you to the endoscopy center or hospital.